



3 days full of health ,fun & fitness.

# WHY I MUST ATTEND? HIGHLIGHTS OF THE PROGRAM



Complete detoxification of body mind & soul.

Detox sessions.



Diet & nutrition session



Motivational talks by world travelled life coaches

International techniques



Become your own healer session



Yoga therapies (pranayamas , asanas ,yog nidra & other powerful methods to cure and heal).



Treatment by sound & music



Customized satvik food

Balancing of all chakras



Counseling on depression ,fear anxiety



Mud ,steam and other therapies (as per requirements)



Cure diseases & ailments



Initiation by master healer

Hawans and other ritual for purity and aura cleansing



## VENUE FEATURES



Located on foothills of himachal



Spread over 25 acres.



Second biggest retreat in north india



Lush green in the lap of mother nature



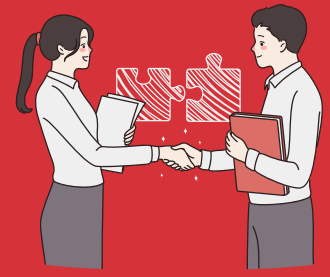
Away from heat, pollution and crowds



State of the art infrastructure



Very comfortable stay



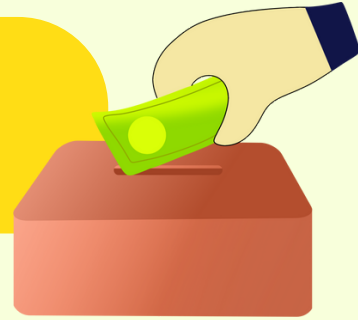
Very co operative & friendly team

Ample space to move around



## CONTRIBUTION

Rs. 7999/-  
all-inclusive



## SEIZE YOUR DATES



13th August  
To  
15th August

SURPRISE GIFT FOR  
COUPLES





# ACTUAL PROPERTY PICTURES



## ENROLL TO REST IN THE LAP OF NATURE



### BANK DETAILS



NAME - SANIDHAYA  
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BANK- HDFC



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